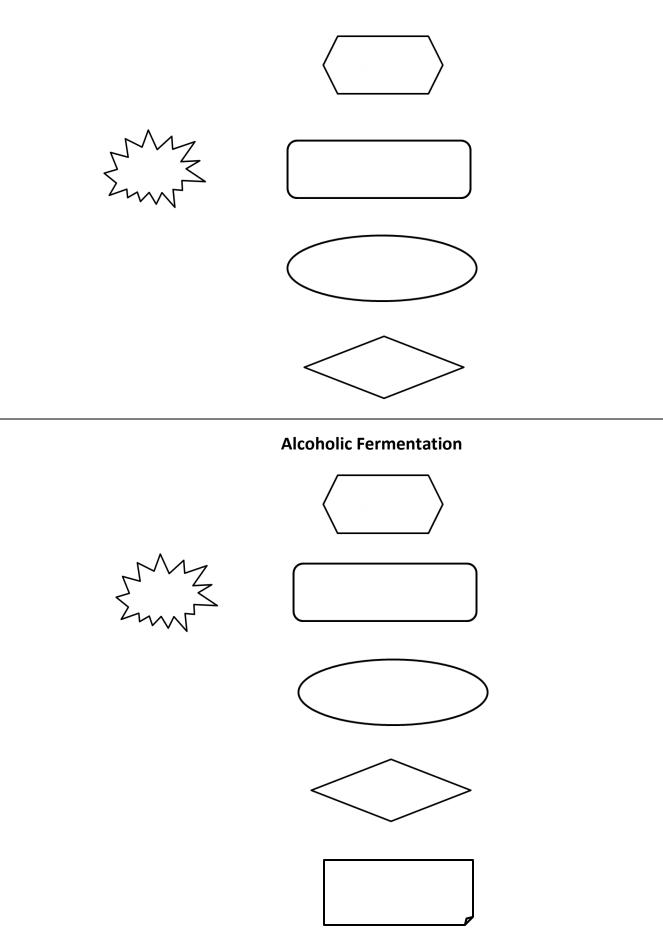
Lactate Fermentation



• Carbohydrates

- Production of ATP in aerobic and anaerobic respiration (glycolysis)
- Excess stored as glycogen in liver and muscle cells
- Fats
 - Triglycerides (fatty acids used in acetyl-CoA, glycerol is intermediate of glycolysis)
 - Stored in adipose tissue, can be used for ATP production as needed

• Proteins

- Growth, maintenance, repair
- Amino acids are converted to acetyl-CoA, pyruvate, or an intermediate of the Krebs cycle